



Major Career Roles

Chair, BP plc

Chair, Novo Nordisk AS

CEO, BG Group

President/CEO, Equinor
(Statoil) ASA

President/CEO, Aker Kværner
ASA

Adviser, Norwegian
Conservative Party
parliamentary group and
former Norwegian PM Kåre
Willoch

Other Career Highlights

Independent Director,
Schlumberger Ltd

Independent Board member,
Nokia Oyj

EVP and Deputy CEO, Aker RGI
Holding ASA

Various roles, Nycomed
Pharma AS

Management Consultant,
McKinsey & Co. Inc.

Helge Lund was President & CEO of Equinor, leading the company through a transformative decade that shaped it into a global energy leader. His tenure was marked by strategic international expansion, large-scale industrial projects, and early moves toward low-carbon energy solutions.

Helge serves as an Independent Director at Belron Group SA and P/F Tjaldur, and is an Operating Partner with Clayton, Dubilier & Rice. In addition, he is a Trustee of the International Crisis Group.

Helge was previously Chair of BP plc from 2019 until 2025 and has served as a Non-Executive Director of Schlumberger, adding upstream and services-sector insight to one of the world's largest oilfield technology providers. He was also Chair of Novo Nordisk, a global pharmaceutical and life sciences company, and an Independent Director at Nokia Oyj and Shtokman Development AG.

Prior to his CEO role at Equinor, Helge was CEO at Aker Kværner and BG Group. He had executive positions in Aker RGI ASA, an industrial holding company, and Nycomed Pharma AS, an industrial group with business activities in pharmaceuticals and energy. He was a Consultant for McKinsey & Co., and a Political Adviser to the parliamentary group of the Conservative Party in Norway.

He brings deep cross-sector expertise in:

- Oil, gas & energy transition – leading through market volatility, decarbonisation strategies and geopolitical complexity
- Corporate strategy & M&A – managing transformational deals and aligning post-merger governance structures
- Board leadership & investor stewardship – chairing listed companies with international footprints and public accountability
- Health & industrial innovation – contributing to long-cycle R&D, regulatory insight and sustainable value creation

Helge has a degree in economics from the Norwegian School of Economics (NHH) and an MBA from INSEAD.

Throughout his career, he has demonstrated a calm, principle-driven leadership style and a talent for navigating high-stakes environments. As a mentor, he brings a steady hand, cross-sector fluency, and a long-term perspective shaped by decades of executive decision-making and global governance.